Congress of the United States Washington, DC 20515

July 29, 2022

The Honorable Nancy Pelosi Speaker of the House U.S. House of Representatives H-232, The Capitol Washington, D.C. 20515

The Honorable Chuck Schumer Majority Leader United States Senate S-221, The Capitol Washington, DC 20510 The Honorable Kevin McCarthy Minority Leader U.S. House of Representatives H-204, The Capitol Washington, D.C. 20515

The Honorable Mitch McConnell Minority Leader United States Senate S-230, The Capitol Washington, DC 20510

Dear Speaker Pelosi, Minority Leader McCarthy, Majority Leader Schumer, and Minority Leader McConnell,

We write to express grave concern with the exclusion of uninsured people in the proposed legislation to establish a \$35 out-of-pocket cost caps on insulin and to urge you to include this population in these caps. Failure to do so will deepen health disparities and increase long-term healthcare costs. Moreover, we risk additional deaths from untreated and under-treated diabetes simply because of the outrageous price of insulin. Individuals with diabetes who require daily insulin injections risk dying if they lose access to insulin for even a few days.

The price of insulin has risen more than 1,000 percent since 1999, causing a dangerous affordability crisis in America. There are 37.3 million Americans with diabetes, including nearly 2 million uninsured people with diabetes. In addition to those uninsured for extended periods of time, 1 out of 4 privately-insured Americans with diabetes experienced at least one gap in insurance for at least 30 days in the past three years. Whether without insurance for an extended period of time or for 30 days due to life events such as job transitions or marriage, uninsured people with diabetes often pay over \$1,000 per month for their insulin. Uninsured individuals are roughly

¹ https://www.mayoclinicproceedings.org/article/S0025-6196(19)31008-0/fulltext

²https://www.cdc.gov/diabetes/library/spotlights/diabetes-facts-

stats.html#:~:text=37.3%20million%20Americans%E2%80%94about%201,t%20know%20they%20have%20it.

³https://diabetesjournals.org/care/article/42/11/e179/36343/The-Affordable-Care-Act-and-Health-Insurance

⁴ https://www.healthaffairs.org/doi/10.1377/hlthaff.2018.0204

twice as likely to report that they cannot afford their diabetes medications compared to those Americans with diabetes who have insurance.⁵

Sadly, there are many tragic accounts of uninsured people with diabetes who could not afford their insulin and died as a result of insulin rationing. One such tragic and preventable story is that of Alec Smith, a 26-year-old who died from insulin rationing just one month after aging out of his mother's insurance and becoming uninsured. It is clear that the sky-high price of insulin poses a direct threat to the lives of many Americans with diabetes.

Diabetes disproportionately affects people of color, with the risk of having a diabetes diagnosis 77 percent higher among Black Americans, 66 percent higher among Hispanic Americans, and 18 percent higher among Asian Americans compared to white Americans. Additionally, people of color with diabetes are significantly more likely to be uninsured. A 2021 study in the Lancet demonstrated that within the diabetes community, 2.2 percent of white people were uninsured compared to 6.4 percent of Black people, 32.6 percent of Hispanic people, and 15.3 percent of Native American and Alaskan Native people. Therefore, legislation that caps the out-of-pocket cost of insulin *only* for people with private insurance or Medicare will leave many racial and ethnic groups behind and create a new racial health disparity in our health system, which is already fraught with many other disparities.

Including uninsured people in proposed insulin out-of-pocket caps will also decrease long-term healthcare spending. People with diabetes who are uninsured are a major driver of emergency room and hospital usage. Patients with gaps in their health insurance in the past three years were five times more likely to end up in an emergency room or hospital while uninsured than while they were insured. Further, uninsured patients are at an increased risk for poor health outcomes from diabetes including kidney failure, cardiac disease, and blindness. 10,11 These poor outcomes result from lack of access to care and insulin needed to control diabetes. Establishing a \$35 out-of-pocket cost cap for uninsured people with diabetes will decrease the rate of diabetes complications and correspondingly decrease future national health expenditures.

The \$35 cap on out-of-pocket insulin costs could be expanded to include the uninsured in a number of ways. We suggest one of the following:

⁵https://www.commonwealthfund.org/publications/issue-briefs/2020/sep/not-so-sweet-insulin-affordability-over-time

⁶https://www.npr.org/sections/health-shots/2018/09/01/641615877/insulins-high-cost-leads-to-lethal-rationing

⁷ https://diabetesjournals.org/care/article/39/5/743/30624/Racial-and-Ethnic-Disparities-in-Diabetes-Care-and

⁸ https://www.thelancet.com/pdfs/journals/lanam/PIIS2667-193X(21)00107-1.pdf

⁹ https://www.healthaffairs.org/doi/10.1377/hlthaff.2018.0204

¹⁰ https://journals.sagepub.com/doi/10.1177/2150131913481807

¹¹https://diabetesjournals.org/care/article/35/7/1566/30411/Access-to-Health-Care-and-Control-of-ABCs-of

- 1) The government use existing Medicaid payment structures to reimburse retail pharmacies for the difference between the list price and the \$35 payment from uninsured people who fill their insulin prescriptions; or
- 2) HHS creates a fund to reimburse health care providers and pharmacies for insulin disbursed to uninsured individuals, similar to the HRSA COVID-19 Uninsured Program.

We strongly support efforts to decrease the price of insulin and enable Americans with diabetes to afford their medication. We urge you to include the uninsured in the \$35 out-of-pocket cost caps to any legislation addressing insulin pricing that Congress considers. Inclusion of uninsured people in insulin pricing legislation will help prevent new racial health disparities resulting from this legislation, curb future deaths of Americans due to insulin rationing, and decrease the likelihood of diabetes complications.

Thank you for your consideration. We look forward to working with you on this critical issue and voting on legislation that will cap insulin prices for all people with diabetes, regardless of their insurance status. Thank you for your attention to this important matter.

Sincerely,

PRAMILA JAYAPAL

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Chair

Congressional Progressive Caucus

JOYCE BEATTY

Chair

Congressional Black Caucus

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RAUL RUIZ, M.D.

Chair

Congressional Hispanic Caucus

JUDY CHU

Chair

Congressional Asian Pacific American

Caucus

/s/ NANNETTE DIAZ BARRAGÁN Member of Congress
/s/ ALMA S. ADAMS, Ph.D. Member of Congress
/s/ KAREN BASS Member of Congress
/s/ EARL BLUMENAUER Member of Congress

CORI BUSH

Member of Congress

/s/ EARL BLUMENAUER Member of Congress	/s/ JAMAAL BOWMAN, Ed.D. Member of Congress
/s/ ANTHONY G. BROWN, M.D. Member of Congress	/s/ JULIA BROWNLEY Member of Congress
/s/	/s/

/s/

/s/

COLIN ALLRED
Member of Congress

SANFORD D. BISHOP, JR.

Member of Congress

SALUD CARBAJAL

Member of Congress

/s/
TONY CÁRDENAS
Member of Congress

/s/

JOAQUIN CASTRO
Member of Congress

/s/ /s/ /s/
DAVID CICILLINE GERALD E. CONNOLLY
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/s/ /s/DANNY K. DAVIS KAI KAHELE Member of Congress Member of Congress /s//s/MADELEINE DEAN MARK DESAULNIER Member of Congress Member of Congress /s/ /s/TED DEUTCH ADRIANO ESPAILLAT Member of Congress Member of Congress /s//s/**DWIGHT EVANS** JIMMY GOMEZ Member of Congress Member of Congress /s/ /s/RAÚL M. GRIJALVA AL GREEN Member of Congress Member of Congress /s//s/JAHANA HAYES STEVEN HORSFORD Member of Congress Member of Congress /s//s/**EDDIE BERNICE JOHNSON SARA JACOBS** Member of Congress Member of Congress

/s/

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Member of Congress

/s/

HENRY C. "HANK" JOHNSON, JR.

Member of Congress

/s/	/s/
WILLIAM R. KEATING	DONALD M. PAYNE, JR.
Member of Congress	Member of Congress
/s/	/s/
BARBARA LEE	ANDY LEVIN
Member of Congress	Member of Congress
/s/ TED W. LIEU	/s/
Member of Congress	ALAN LOWENTHAL
Member of Congress	Member of Congress
/s/	/s/
CAROLYN B. MALONEY	JIM MCGOVERN
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GWEN MOORE	JERROLD NADLER
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GRACE F. NAPOLITANO	MARIE NEWMAN
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/s/ ELEANOR HOLMES NORTON	/s/
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/s/ CHELLIE PINGREE Member of Congress	/s/ NYDIA M. VELÁZQUEZ Member of Congress
/s/ MARK POCAN Member of Congress	/s/ KATIE PORTER Member of Congress
/s/ AYANNA PRESSLEY Member of Congress	/s/ JAMIE RASKIN Member of Congress
/s/ MICHAEL F.Q. SAN NICOLAS Member of Congress	/s/ JAN SCHAKOWSKY Member of Congress
/s/ AL GREEN Member of Congress	/s/ RAÙL M. GRIJALVA Member of Congress
/s/ TERRI A. SEWELL Member of Congress	/s/ ADAM SMITH Member of Congress
/s/ HALEY STEVENS Member of Congress	/s/ MARK TAKANO Member of Congress
/s/ MIKE THOMPSON	/s/ RITCHIE TORRES

Member of Congress

Member of Congress

/s/ BONNIE WATSON COLEMAN Member of Congress	/s/ MIKE THOMPSON Member of Congress
/s/ PETER WELCH	/s/ NYDIA M. VELÁZQUEZ
Member of Congress	Member of Congress
/s/	/s/
NIKEMA WILLIAMS Member of Congress	SUSAN WILD Member of Congress
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CHRIS PAPAS Member of Congress	FREDERICA S. WILSON Member of Congress
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ANGIE CRAIG	VERONICA ESCOBAR
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